April Breakfast 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
Cereal: Rice Krispies	Pumpkin Bread	Cinnamon & Raisins	Pancakes	Cream of Wheat
Orange	Apple	Oatmeal	Honeydew	Peaches
Milk	Milk	Banana Milk	Milk	Milk
12	13	14	15	16
Oatmeal Muffins	Cereal: Cheerios	Scrambled Eggs	Banana Bread	French Toast
Orange	Apple	Sliced Cucumbers	Cantaloupe	Peaches
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23
Cocoa Wheats	Baked Oatmeal	Cereal: Corn Chex	Cinnamon-Raisins	Apple Sauce Muffins
Orange	Apple	Banana	Pasta	Peaches
Milk	Milk	Milk	Watermelon Milk	Milk
26	27	28	29	30
Pancakes	Blueberry Muffins	Cinnamon Oatmeal	Cereal: Cheerios	Toast w/ Jam
Orange	Apple	Banana	Honeydew	Peaches
Milk	Milk	Milk	Milk	Milk

April Lunch 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
WG Cheesy Baked Ziti	Oven Fried Chicken	Cheesy Potato Kugel	Sloppy Joe	Hummus
Garden-Romaine Salad	Brown Rice	Minestrone Soup	WG Bun	Falafel
Banana, Milk	Baked Beans	WG Tortilla Chips	Coleslaw	WG Pita
	Honeydew, Juice	Clementine, Milk	Orange, Juice	Chopped Salad
				Apple, Milk
12	13	14	15	16
WG Grilled Cheese	BBQ Chicken	Crispy Baked Fish	WG Spaghetti &	Veg Chili
Sandwich	WG Couscous	Brown Rice	Meatballs	Shredded Cheese
Tomato Soup w/ Rice	Roasted Sweet Potato	Green Beans	Garden Spinach Salad	WG Corn Bread
Banana, Milk	Wedges	Clementine, Milk	Orange, Juice	Cucumbers Salad
	Cantaloupe, Juice			Apple, Milk
19	20	21	22	23
WG Cheesy Fettuccini-	Chicken Schnitzel	Dairy quiche	Hamburger Sliders	Tuna Loaf
Alfredo	Brown Rice	Lentil-Mushroom	WG Bun	WG Israeli Couscous
Garden Romaine Salad	Peas & Carrots	Soup	Sliced Tomatoes & Pickles	Corn
Banana, Milk	Watermelon, Juice	Beer Bread	Orange, Juice	Apple, Milk
		Clementine, Milk		
		,		
26	27	28	29	30
WG Mac & Cheese	Stir Fry Chicken & Veg	Egg Salad/Tuna Salad	Meatloaf	WG Cheese Lasagna
Garden-Romaine Salad	WG Sesame Noodles	WG Roll	Brown Rice	Oven Roasted Veg Medley
Banana, Milk	Honeydew, Juice	Split Pea Soup	Roasted Sweet Potato	Apple, Milk
		Clementine, Milk	Orange, Juice	

All Grain items served are whole Grain-rich/enriched

1 cup milk (8oz) low fat or fat free flavored and unflavored is served with lunch

• This institution is an equal opportunity provider and employer

April Snack 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
Yogurt	Graham Crackers	String Cheese	Tortilla Chips	Cereal: Corn Chex
Tea Biscuits	Orange	Canned Peaches	Salsa	Milk
12	13	14	15	16
Cottage Cheese	Pita	Snack Crackers	Animal Crackers	Rice Cakes & Jam
Diced Pineapple	Hummus	Sliced Cheese	Apple Sauce	Milk
19	20	21	22	23
Banana Bread	Egg Salad	Baked Sweet Potato	Garlic Pita Chips	Cereal: Rice Krispies
Milk	Snack Crackers	Shredded Cheese	Hummus	Milk
26	27	28	29	30
Cereal: Corn Chex	Graham Crackers	Cottage Cheese	Tortilla Chips	Cinnamon Pita
Milk	Orange	Canned Peaches	Salsa	Milk